

Creative Dance

Now at a new time

Friendly and relaxed creative movement & fitness sessions for those who prefer a gentler form of exercise...

The perfect way to support your body's fitness and general wellbeing

All abilities welcome

when: Tuesdays 11.30am-12.15pm

where: Friary Hall, Haslett Avenue,
Crawley, RH10 1HS

cost: Just £2.00 per session

To book your FREE taster session call
Crawley Wellbeing on 01293 585317

crawley wellbeing

www.crawley.gov.uk/active

